

**Syllabus for Cosmetology 1&2     2019-2020**

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**Cosmetology is the art and science of professional beauty care.** Professionals are people who speak with their very lives about the value of what they have chosen to do. They are people who believe in something and work hard to achieve it. By entering the Cosmetology course of study, you are professing that you want to become one of those people, a PROFESSIONAL in the beauty industry. Success as a Professional Cosmetologist comes from your personal commitment to the development of a healthy body, and mind, effective communication, and positive human relations, along with the skills you will learn in this cosmetology course.

**Course Description**

**Cosmetology 1**

This is an introductory course, students study hair, skin and nails and their related care. Students are grounded in theory as they are prepared to practice procedure in the clinical lab setting, using mannequins for manipulative skill practice. The first year course emphasizes personal safety, professionalism, and sanitation of equipment and facilities. Students develop manipulative skills, safety judgments, proper work habits, and desirable attitudes necessary to achieve competency in job entry level skills.

**Cosmetology 2**

In this advanced course, students build on their theoretical foundation in cosmetology and increase proficiency in hair cutting and styling with attention to professionalism, communication skills, state examination preparation, job entry level skills and obtaining licensure. Focus in on preparation for the Virginia State Cosmetology Examination. Competency completions prepare the students for the Virginia State Licensing Exam.

**Objectives**     Upon completion of this course requirements, the determined graduate will be able to:

- Project a positive attitude and sense of professional integrity and self-confidence.
- Practice effective communication skills, visual poise, and proper grooming.
- Perform the basic manipulative skills in the areas of hair care, skin care, and nail care services to achieve the best total look for each client
- Respect the need to deliver a worthy service for value received in an employer-employee relationship.
- Apply academic and practical learning and related information to ensure sound judgments, decisions, and procedures.
- Prepare for the Virginia State Board / NIC Examination

**Classroom Expectations**

- Positive Attitude
- Determination to Succeed
- Always Respect your Teacher and your Classmates
- A Caring Attitude
- Integrity
- Hold Yourself Accountable
- Willingness to Learn
- Willingness to Accept Constructive Criticism

## **Course Outline & Competencies**

THEORY- Classroom instruction, orientation, the History of Cosmetology, Career Opportunities, Life Skills Management, Communication for Success, State Laws And Regulations, Professional Image, First Aid, Chemistry, Electricity, and Professional Ethics.

INFECTION CONTROL- Principles and Practices: Health, Public Sanitation, Methods, Chemical Agents, types, Classifications, Bacterial Growth, Biology, Infection, Infection Control Procedures, Tools, Equipment use and safety.

SCALP CARE, SHAMPOOING AND CONDITIONING- Properties of Hair and Scalp, Structure and Composition of Hair, Hair Growth and Loss, Disorders of the Hair and Scalp, Hair and Scalp Analysis, Scalp Care and Massage, Brushing the Hair, Shampooing, Conditioning, Procedures and Practices.

HAIRSTYLING- Principles, Elements, and Philosophy of Hair Design, Creating Harmony, Designing for Men, Principles and Techniques of Wet Styling, Blow drying and Waving, Hair Wrapping, Finger Waving, Hair Dressing, Braiding, Hair Extensions, Enhancements, and Wigs. Thermal Hair Straightening, Styling Long Hair, Styling Procedures.

HAIRCUTTING- Client Consultation, Basic Principles and Techniques of Sectioning & Hair cutting, Hair cutting Tools, Body Posture and Positioning, Removing Length of Bulk with Razor, Clippers, Shears, Basic Haircut Procedures.

HAIR COLORING/DECOLORIZING- Identifying Natural Hair Color and Tone, Types of Hair Color, Client Consultation, Principles and Techniques of Temporary and Semi Permanents, Permanent Hair Color, Lightening , Tinting, Toning, Highlighting, Balayage, Ombre', Hair Color Safety Precautions, Color Procedures.

CHEMICAL TEXTURE SERVICES- The Hair Structure, Principles and Techniques of Sectioning, Wrapping, Processing, Curling, Relaxing and Curl reformation, Procedures.

FACIALS AND MAKEUP- Skin Structure and Growth, Skin Disorders and Diseases, Skin Analysis and Consultation, Determining Skin Type, Skin Care Products, Client Consultation, Facial Massage, Facial Equipment, Electrotherapy and Light Treatment, Aromatherapy, Principles and Techniques of Skin Chemical Procedures, Histology of the Skin, Facial Treatments, Cosmetic Application, Artificial Eyelashes, Removal of Unwanted Hair, Lash/Brow Tinting, Makeup Color Theory, Procedures

MANICURING, PEDICURING, ADVANCED NAIL TECHNIQUES- Nail Structure and Growth, Nail Disorders and Diseases, Tools and Products, Principles and Techniques of Manicuring, Pedicuring, and Advanced Nail Techniques, Paraffin Wax Treatments, Nail Art, Procedures

SALON BUSINESS & RETAIL SALES- Fundamentals of Business Management, Opening a Salon, Business Plan, Written Agreements, Licensing Requirements and regulation, Laws, Salon Operation, Policies, Practices, Compensation Packages, Payroll Deductions, Telephone Use, Advertising Sales, Communications, Public and Human Relations, Insurance, Seeking Employment, Job Skills, Salon Safety, Building Your Business.

INSTRUCTOR DESCETION- Other related training implemented to strengthen student performance to be applied by instructor.

All cosmetology course competencies are provided to print to each student enrolled in the course. Email access to course competencies:

Cosmetology 1: <http://www.cteresource.org/verso/courses/8527/cosmetology-i-tasklist>

Cosmetology 2: <http://www.cteresource.org/verso/courses/8528/cosmetology-ii-tasklist>

The course is presented through comprehensive lesson plans that reflect effective educational methods. Subjects are presented by means interactive lecture, demonstration, and student participation. Audio visual aids, guest speakers, projects, activities, and other related learning methods are incorporated throughout the course of study.

**Grading Policy and Student Evaluation**

Students enrolled in the cosmetology program will be graded on professionalism, daily participation, homework, classwork, and attendance management, as well as completions of demonstration performance skills. Practical skills are evaluated according to text procedures as set forth in the practical Cosmetology Skill Competency Evaluation. Students are encouraged to discuss their performance with the teacher at any time. Parents or guardians are encouraged to contact the teacher at any time to discuss their child’s progress. Students will be given assessments each nine weeks to accurately gauge their progress.

- The school grading policy will be used on all work completions. The following letter system is used in reporting to parents the grades of students in our school system.

A 90-100      B 80-89      C 70-79      D 65-69      F Below 65      (X) I=Incomplete

**Required Materials**

Loose leaf ruled notebook paper, 1-3 ring (3 or 4 inch) binder, writing implements, highlighters, and a spiral notebook for vocabulary.

Also, if you can begin a collection of used magazines for projects, it would be helpful.

**Class Schedule and Sequence of Instruction**

Cosmetology 1 will focus on the theory behind the practice of cosmetology and building the foundation of basic practical knowledge of the field.

Cosmetology 2 students will be preparing for the Virginia State Board Licensure Examinations through the entire year. The students will also further their skill set to be able to perform in the salon with confidence. Your daily attendance, commitment to study, practice and perseverance is essential for your success. Positive attendance in the class is essential to your success. If you are not present, you are missing vital information needed to progress.

**IF YOU DO NOT MEET THE HOUR REQUIREMENT OF 840 YOU WILL NOT TAKE STATE BOARDS.**

8:30-11:10      Cosmetology 2

11:40-2:20      Cosmetology 1

My signature below indicated that I have read, and understand the Cosmetology Guidelines and Information Packet.

\_\_\_\_\_

Signature of Student

\_\_\_\_\_

Date

\_\_\_\_\_

Parent or Guardian Signature

\_\_\_\_\_

Date

\_\_\_\_\_

Printed Name of Student